

## Shingebiss and The Winter Wind - Story Reflection Pages

Hi there! I hope you enjoyed watching and listening the story of Shingebiss and The Winter Wind.

In Dramatherapy after we share a story, we often reflect on it creatively. We sometimes do this by acting out characters, creating artwork, changing parts of the story, and more.

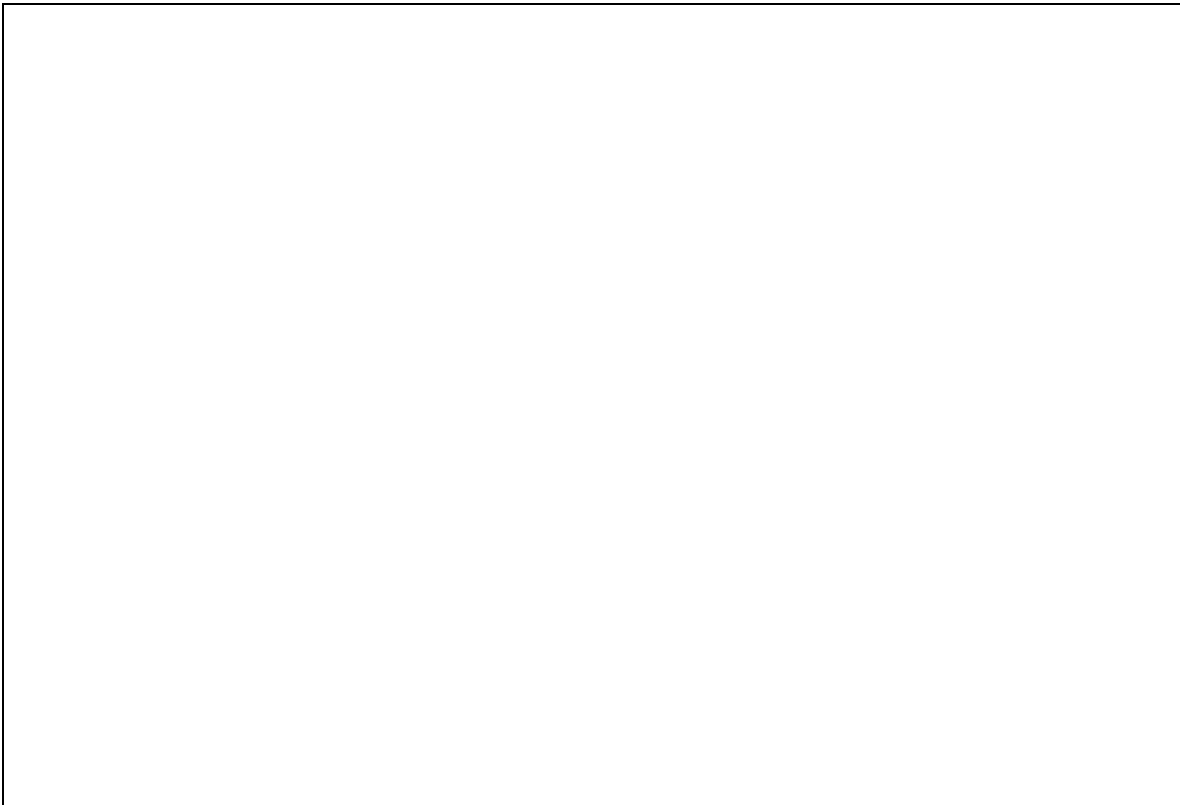
Right now many Dramatherapy sessions have paused due to the Coronavirus.

I created this sheet to accompany the video, to allow you to creatively reflect upon the story if you wish.

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**Much like Shingebiss stays home whilst the Winter Wind comes to his land, many of us are currently staying home whilst Coronavirus has come. This helps to keep us safe.**

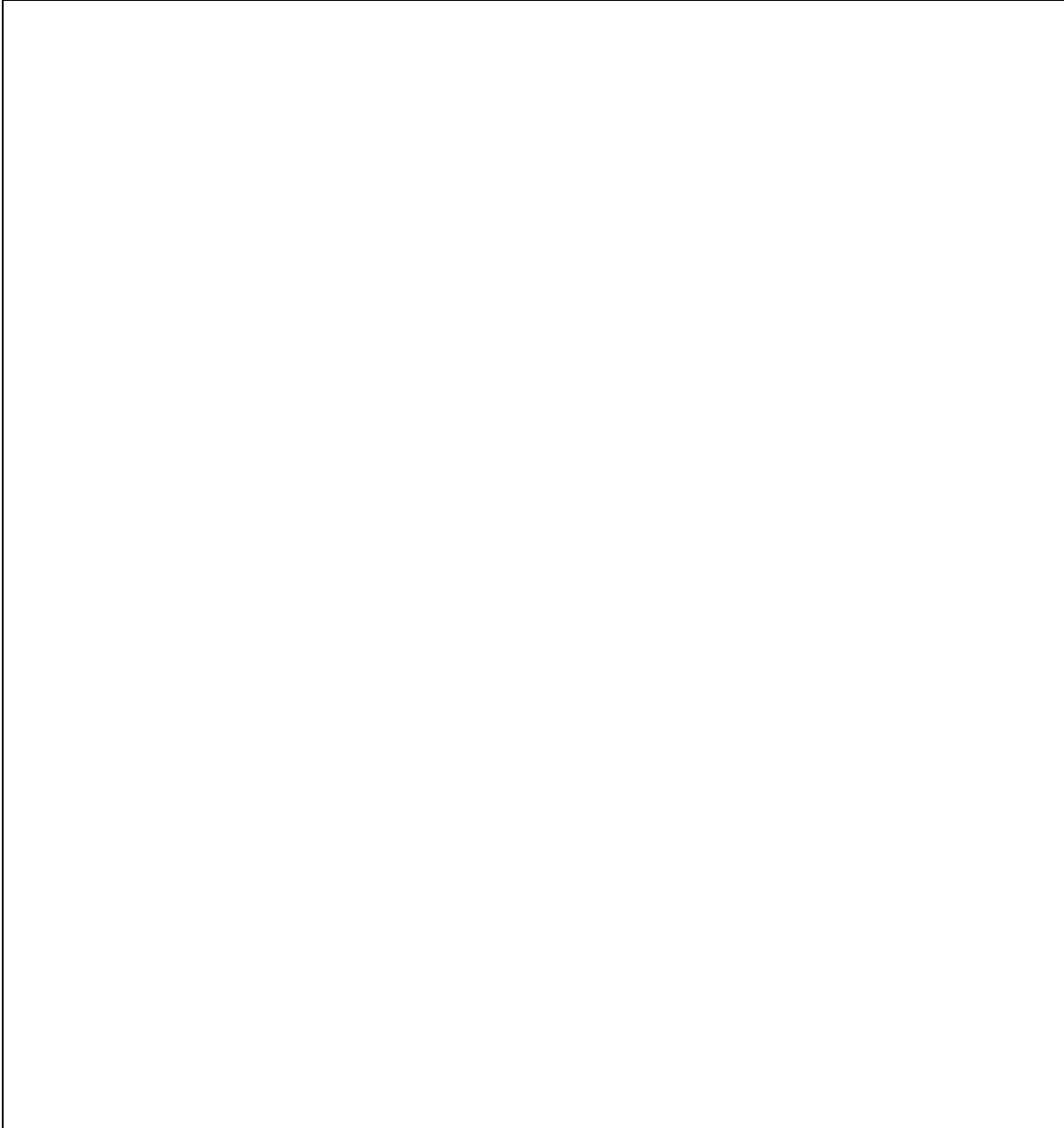
What do you imagine Shingebiss's nest looked like? Write or Draw about this below.



## **Shingebiss and The Winter Wind - Story Reflection Pages**

**Shingebiss makes his nest very cozy. Where in your home do you feel the most cozy?**

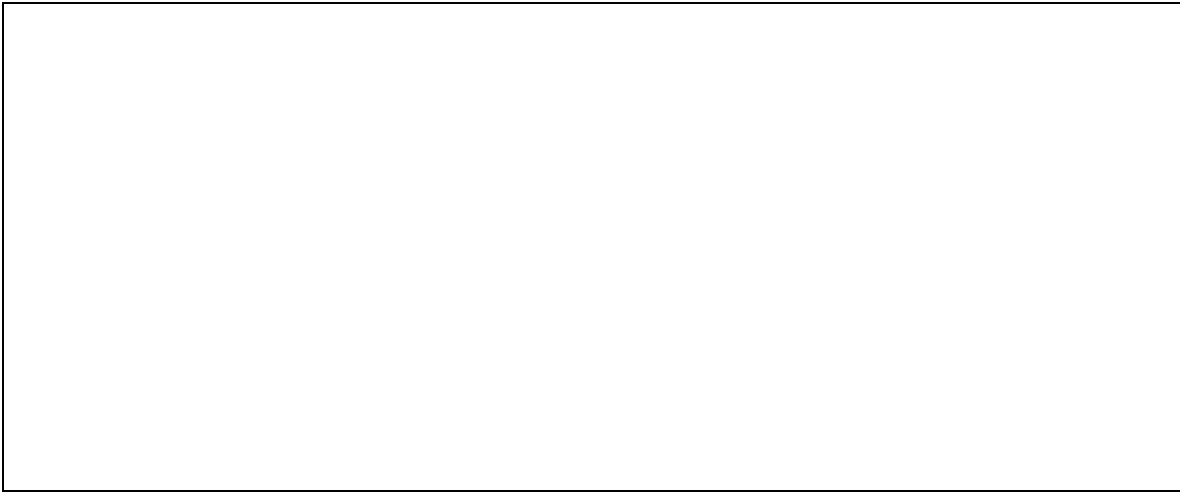
Write about this place below, or Draw a picture of you in your cozy place.

A large, empty rectangular box with a thin black border, intended for a student to write about their cozy place or draw a picture of themselves there.

## **Shingebiss and The Winter Wind - Story Reflection Pages**

**Shingebiss sings his Grandmother's song whilst he is in his nest.  
Singing his song helps him to feel courageous and calm.**

How are you feeling today? Draw or write about your feelings below



**What helps you to feel courageous and calm? Is it a song? Is it a game?  
Something else? Take some time today to do that activity! ☺**

Draw a picture of you doing your courageous and calm activity below



Thank you for your words and/or drawings!

Maybe you would like to keep this page to look back on.